



Volume 5 | Issue 23



## [2015 BENCHER ELECTION-SELF ASSESSMENT ANALYSIS](#)

The Profession needs you! To test your interest in running for Bencher, ask yourself, spouse, partner(s) and children:

**DO YOU HAVE:** A willingness to work hard and have enough time to read extensive material and participate diligently on to 1,200 hours per year can be devoted to preparation for and attendance at Convocation meetings, Committee Days and Dis

**ARE YOU ABLE TO SHOW:** A track record of commitment to the Profession and patience, willingness and ability to w group decision making, remaining open minded while you listen to new and opposing view?

**CAN YOU:** Accept that the role of the Law Society is to regulate the Profession in the public interest because elected benc represent a constituency or self interests?

**DO YOU REPRESENT:** Diversity in language, geography, practice area and age?

**DO YOU HAVE:** Leadership skills and experience in financial matters necessary for supervising a \$100 million Law Socie

**DO YOU HAVE:** Decision making/adjudicative experience, writing skills and ability to meet deadlines?

### **BENCHER ELECTION INFORMATION**

A Webcast was broadcast on January 19, 2015. It can still be viewed at [www.lsuc.on.ca](http://www.lsuc.on.ca) and provides invaluable information initiatives and the duties, roles and responsibilities of Benchers.

**BECOME INVOLVED - RUN IF YOU CAN - IF NOT, THEN VOTE!**



More information about the 2015 Bencher Election, including how to become a candidate, is on the Law Society's website at: <http://www.lsuc.on.ca/bencher-election-2015/>.

Nominations close at 5:00 p.m. EST on Friday, February 13, 2015.

### ONTARIO BAR ASSOCIATION Mindful Lawyer Series

The time has come to evaluate and care for your most important asset--YOU. Do not miss the opportunity to benefit your professional life.

- |  |               |
|--|---------------|
| 1. Re-setting Your Priorities:<br>How Can You Be a Happier Lawyer?                     | Feb. 6, 2015  |
| 2. Mental Illness and the Legal Profession:<br>Finding and Providing Support           | Feb. 25, 2015 |
| 3. Managing Stress, Thriving at Work and Achieving<br>a Healthy and Balanced Lifestyle | Mar. 25, 2015 |
| 4. Returning to Work after a Mental Health Leave:<br>Re-entry Support                  | Apr. 23, 2015 |
| 5. Support Networks for Lawyers Who Work Alone   | May 21, 2015  |
| 6. Improving Your Performance:<br>Managing Stress with Proper Nutrition                | June 11, 2015 |

For more information, visit [www.oba.org/openingremarks](http://www.oba.org/openingremarks)

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